



**COVID-19**  
**PREVENTION**  
IS IN OUR HANDS



As COVID-19 remains with us, there are prevention measures that are within our control

**WE DO**

continue to wear our masks, covering our nose and mouth, whenever we leave our homes

**▶ BECAUSE**

masks, worn correctly, are still considered an important barrier to inhaling droplets in the air that could result in infection



▶▶▶▶ **GUIDELINES** ◀◀◀◀

Clean your hands before you put on or take off your mask

Avoid touching your mask

Make sure your mask covers your nose and mouth

Wash your fabric mask after every use. If you are using a disposable mask make sure to throw it away in the trash bin after use